



Dronfield Henry Fanshawe School

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Success with Care

Headteacher: Mr M. J. Cooper

RBA/

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Dear Parent/Carer,

Re: Year 8 PSHE curriculum

We are writing to inform you about the lesson content for Y8 PSHE that your child will be taking part in this year. Below is an outline of the 6 PSHE Big Ideas, and the lesson topics that will be covered within them over the course of the year. They are listed in sequential order to demonstrate when they will be presented to students, and how the topics build on each other.

Health and Wellbeing:

Balanced and healthy eating

Positive body image

Influences of food choice

Child abuse

Stress management

First aid – bleeding and shock

Relationships and Sex Education:

Introduction to relationships and sex education

Healthy and respectful relationships

Sexual orientation and different types of relationship

What is love?

Sexting, dangers of sharing images

Learning about sex

Rights, Responsibilities and British Values:

Why is politics important?

How is our country run?

Creating a political party

Elections and campaigning

Exploring inside parliament

Life Beyond School:

Budgeting and saving

Income and expenditure

Tax and National Insurance

Food budgeting and planning

Celebrating Difference and Diversity:

History of LGBTQ+

Discrimination – homophobia

Discrimination – disability

Discrimination – religion

Gender identity

Staying Safe:

Avoiding gangs

County lines – what is it?

County lines – who is at risk?

Child exploitation

Grooming, male and female

Please be aware that there will be assessment lessons within this lesson sequencing, in order to evaluate student confidence with new content, with the aim of correcting errors or misconceptions that may arise.

PSHE lessons often cover sensitive subjects, and this may lead to your child asking questions at home. We take great care in the delivery of this content, and in our support networks at school, but please be aware that your child may come home with questions to discuss with you. The issues are raised and discussed in an appropriate manner for the year group involved and a network of support professionals will be available in school during and after.

We would also invite parents and carers to read information found on our website to support your discussions and provide further guidance from the appropriate external sources.

In the meantime, please contact me directly at rburgoyne@dhfs.uk with any queries that you may have.

Yours sincerely,



Rachael Burgoyne

Curriculum Leader for PSHE