



Dronfield Henry Fanshawe School

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Success with Care

Headteacher: Mr M. J. Cooper

RBA/

September 2024

Dear Parent/Carer,

Re: Year 7 PSHE curriculum

We are writing to inform you about the lesson content for Y7 PSHE that your child will be taking part in this year. Below is an outline of the PSHE Big Ideas and lesson topics that will be covered within them over the course of the year. They are listed in sequential order to demonstrate when they will be presented to students, and how the topics build on each other.

Health and Wellbeing:

Meeting people (making friends)

Who am I?

Self-esteem and empowerment

Promoting positive wellbeing

Emotional literacy and self-awareness

Anger management

Relationships and Sex Education:

Consent and boundaries

Respect and relationships

What makes a good friend?

Friendships and managing them

Peer pressure

Anti-bullying

Health and Wellbeing:

Puberty – female focus

Puberty – male focus

FGM

Assertiveness

Personal safety

Life Beyond School:

Speaking and Listening

Problem solving

Adaptability

Volunteering and public institutions

Sleep

Celebrating Difference and Diversity:

Breaking down stereotypes

Prejudice and discrimination - disability

Prejudice and discrimination – where do they come from?

Belonging

Staying Safe:

Online privacy and friendships

Online gaming

Drugs – alcohol

Drugs – smoking

Drugs – energy drinks and caffeine

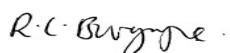
Please be aware that there will be assessment lessons within this lesson sequencing, in order to evaluate student confidence with new content, with the aim of correcting errors or misconceptions that may arise.

PSHE lessons often cover sensitive subjects, and this may lead to your child asking questions at home. We take great care in the delivery of this content, and in our support networks at school, but please be aware that your child may come home with questions to discuss with you. The issues are raised and discussed in an appropriate manner for the year group involved and a network of support professionals will be available in school during and after.

We would also invite parents and carers to read information found on our website to support your discussions and provide further guidance from the appropriate external sources.

In the meantime, please contact me directly at rburgoyne@dhfs.uk with any queries that you may have.

Yours sincerely,



Rachael Burgoyne
Curriculum Leader for PSHE

