

LOOK AT LIFE PROGRAMME 13 – 17 JULY 2026

RAF Cranwell is running a week long Look at Life Programme to enable students in Yr 12 and above who may be interested in a career in the Royal Air Force to get an insight into the career opportunities, fitness requirements and lifestyle that such a career could offer.

FAQs

Does RAF Cranwell have Public Liability Insurance?

- No, RAF Cranwell is covered by The Crown Public Indemnity.

Does RAF Cranwell have appropriate Health & Safety (H&S) in Place?

- Yes, any H&S information will be passed onto the student by the hosting officer.

Is there Young Person Policy in place?

- Yes, we have appropriate safeguarding in place for young persons, and this can be viewed by request.

Can I apply if I live anywhere within the UK?

- There is no accommodation or transport provided and as such attendees must travel to and from Cranwell daily.

Should my careers advisor contact RAF Cranwell?

- Your careers advisor should contact the Flt Lt Tamzin Keenlyside to ensure that they have had the opportunity to visit RAF Cranwell should they wish to do so to conduct a risk assessment or have been given the details of the risk assessments in place.

Can you provide accommodation/travel?

- We cannot offer any accommodation or help towards travel; therefore, we ask that you have travel arrangements in place prior to application.

If I receive an acceptance letter / e-mail does that mean I have a place?

- Due to RAF Cranwell being a military working base, placements can be cancelled at any time, although this is unlikely.

Can I take time out of the programme to attend an appointment?

- Ideally no – the week-long programme has been designed to build each day on each of the activities to then lead into the next day – missing any aspect would potentially impact learning/experience later in the week. If you have any appointments booked, please try to re-arrange if possible.

FAQs Continued:

IF MY APPLICATION IS SUCCESSFUL

What happens next?

- Once we have received confirmation that you wish to attend the Look at Life week, we will send out full details of what to do via email.

What will happen when I arrive on my first day?

- You will need to arrive at the time stated within the Visiting instruction (VI) at the Main Guardroom (MGR) on your first day. You will be met by Flt Lt Tamzin Keenlyside and will be given a security pass and be briefed to inform you of any restrictions and rules to site. Please note, RAF Cranwell is a non-smoking /non-vaping site.

What do I need to wear?

- Comfortable clothing – no shorts, vest tops, ripped jeans or anything displaying an offensive slogan; sports kit and swimming kit inc a towel, shower gel etc to be brought along for PEd sessions. Waterproof jacket should also be considered in case of inclement weather as some activities/transit between activities will be outside.

How difficult will the activities be?

- You will be expected to complete **all** the activities, some of which you may find arduous and/or challenging; many activities will be outside. The intention of the programme is to provide an opportunity to give attendees an insight into the careers, opportunities and life style in the RAF, therefore the activities are designed to be as relevant as possible to achieve this aim. If you have any concerns with any aspects of the programme when it is published, please contact Flt Lt Keenlyside.

Do I need to bring lunch?

- You will have lunch each day within the Junior Ranks Mess which will be provided free of charge; lunch on the Friday may be in the form of a packed lunch. If you have any dietary requirements/allergies please include these on the application form. Please bring a re-fillable bottle of water/juice.