

Week 4 19/9 17/10 21/11 19/12 30/1 6/2 17/4 15/5 19/6 17/7

|                        | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|------------------------|--|---|---|---|--|
| Main Meal              | Chicken Korma, Rice, Peas and Naan Bread   | Quesadilla, Mixed Salad and a Sweet Chilli Dipping Sauce            | Roast Chicken Breast, Mash, Selection of Vegetables and Gravy | Hotdog, Wedges, Sweetcorn and Beans   | Fish, Chips, Beans or Peas   |
| Vegetarian Option      | Vegetable Korma, Rice, Peas and Naan Bread   | Quesadilla, Mixed Salad and a Sweet Chilli Dipping Sauce            | Roast Quorn Breast, Mash, Selection of Vegetables and Gravy   | Vegetable Hotdog, Wedges, Sweetcorn and Beans   | Cheese Pie, Chips, Beans or Peas   |
| Sandwich               | Basic sandwich - ham, cheese or tuna. You can also order a selection of sandwiches at the grab and go counter.           |   |   |   |  |
| Jackets                | With a choice of either tuna, cheese or beans  |   |   |   |  |
| Fruit<br>Cold Puddings | Mixed Fruit Pot: Fruit: Muffins : Cookies : Chocolate crunch : Flapjack : Shortbread : Cracknel                          |   |   |   |  |
| Drinks                 | Water - Large sports cap<br>Radnor Still - Lemon & Lime or Forest Fruits<br>Radnor Fizzy - Lemon & Lime or Forest Fruits |   |   |   |  |
| Snacks                 | Sausage roll<br>Spicy / Breaded /<br>Maple & Sweet Chili<br>Chicken  | Chicken Tikka,<br>Cheese Panini<br>Cheese or Ham Pizza<br>Rice Pots | Pizza or Panini<br><br>Meatball,<br>Cheese or Tuna            | Waffles, Sausage Roll<br>Cheese on Toast<br><br>Pasta Pots – Cheese,<br>Chicken & Bacon | Chips / Chip Butty<br>Croissant<br>Steak bake<br>Creamy Vegetable<br>Slice |

Pick one from YELLOW one from BLUE and one from GREEN to make a MEAL DEAL

**All for only £2.60**

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