

Week 2 26/9 3/10 7/11 5/12 16/1 13/2 20/3 1/5 5/6 3/7

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Balti Rice and Peas	Cheese Burgers, Wedges, Onions and Beans	Roast Pork, Mash, with a Selection of Vegetables and Gravy	Pasta Bolognese with Sweetcorn and Garlic Bread	Fish Cakes with Chips, Beans or peas
Vegetarian Option	Quorn Balti Rice and Peas	Cheese Burgers, Wedges, Onions and Beans	Roast Quorn, Mash, with a Selection of Vegetables and Gravy	Pasta Bolognese with Sweetcorn and Garlic Bread	Vegetable and Cheese Country Bake, Chips, Beans or Peas
Sandwich	Basic sandwich - ham, cheese or tuna. You can also order a selection of sandwiches at the grab and go counter.				
Jackets	With a choice of either tuna, cheese or beans				
Fruit Cold Puddings	Mixed Fruit Pot: Fruit: Muffins : Cookies : Chocolate crunch : Flapjack : Shortbread : Cracknel				
Drinks	Water - Large sports cap Radnor Still - Lemon & Lime or Forest Fruits Radnor Fizzy - Lemon & Lime or Forest Fruits				
Snacks	Sausage roll Spicy / Breaded / Maple & Sweet Chili Chicken	Chicken Tikka, Cheese Panini Cheese or Ham Pizza Rice Pots	Pizza or Panini  Meatball, Cheese or Tuna	Waffles, Sausage Roll Cheese on Toast  Pasta Pots – Cheese, Chicken & Bacon	Chips / Chip Butty Croissant Steak bake Creamy Vegetable Slice

Pick one from YELLOW one from BLUE and one from GREEN to make a MEAL DEAL

**All for only £2.60**

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